

PRESENTED BY  
HENDRICKS COUNTY  
JUVENILE DETENTION  
ALTERNATIVES INITIATIVE

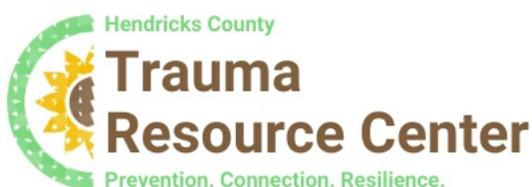
# TRAUMA & RESILIENCE TRAINING

Creating a Community-Wide Response to Trauma

**May 11th-14th, 2020 | 8 AM - 4 PM**  
**Avon-Washington Township Park Pavilion**  
**435 Whipple Lane, Avon, Indiana 46123**

**This training is free and open to adults who work in  
Hendricks County. Seats are limited.**

**Please submit your registration/application to Jenny  
Stout ([jstout@co.hendricks.in.us](mailto:jstout@co.hendricks.in.us)) by March 1, 2020.**





## **Trauma & Resilience Training (2 days - May 11 & 12, 2020)**

### **Trauma-Informed Course**

The key objective of Course 1 is to provide information about identifying and responding to trauma with evidence-based resilience strategies when working with an audience whose trauma history may not be known. Course 1 introduces CRI's capacity-building framework for building resilience. Course 1 introduces CRI's capacity-building framework for building resilience, KISS. (Knowledge, Insight, Strategies and Structures) describes our community's learning and movement from theory to practice and how to implement evidence-based strategies into action. The training includes three groups of topics: the NEAR sciences, a cluster of emerging scientific findings in the fields of Neuroscience, Epigenetics, ACE Study, and Resilience; Brain States, the critical transition from Knowledge to Insight; and ROLES, CRI's signature training on Recognize, Observe, Label, Elect and Solve, core strategies that take us below the tip of the proverbial iceberg.

### **Trauma-Supportive Course**

Course 2 describes training on topics that teach the knowledge and skills required by individuals who have contact with those who may be adversely affected by trauma and toxic stress, whether or not the trauma is known. These topics include resilience-based practices with universal application, such as classrooms, offices, or other places the general public may congregate. Topics in this category focus on prevention and teach a variety of strategies to address the often-hidden effects of trauma and toxic stress by fostering resilience within the individual and the larger community.

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## **Training of Trainers (2 days - May 13 & 14, 2020 - must also attend Trauma & Resilience Training)**

The Training of Trainers is designed to create a world conversant in emerging science and practice of trauma and resilience. In our interactive training program, participants learn to present the content of CRI's signature courses with fidelity to science and adult learning methodology.

**This event is funded by IDOC Division of Youth Services grant funding, sponsored by Hendricks County JDAI.**

# Trauma & Resilience Training Registration

Name of Attendee/Applicant

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Mailing Address

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City \_\_\_\_\_ State IN Zipcode \_\_\_\_\_

Phone Number \_\_\_\_\_

E-mail Address \_\_\_\_\_

Employer / Agency \_\_\_\_\_

Populations Your Agency Serves

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## Employer / Agency Approval

By signing below, I support my employee's attendance of either days 1-2, or all four days of training during the employee's regular work hours. I understand that my employee is entering into an agreement to assist Hendricks County by educating the community, our agency staff, and others about trauma and resilience. If this employee must cancel, I agree to send a different employee from my agency in their place.

\_\_\_\_\_  
Name (printed)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Training of Trainers Application

(must attend all 4 days)

***If interested in applying for the Training of Trainers portion, please fill out the following questions. If only registering for days 1-2, please leave this page blank.***

Organizations that you might be able to help us open the door to provide training for?

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What is your personal/professional experience as a trainer?

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Will you be providing the training as a part of your current employment or on your personal time?

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Do you have the time in your current schedule to provide training? ( i.e. once per week, once per month, etc.)

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Why do you want to become a Trauma Informed Master Trainer?

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How will your life experience impact your training ability?

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Why do you believe understanding trauma is important for our community?

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Are you comfortable weaving your own experiences into the stories shared during the training?

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Are you comfortable with knowing how to handle spontaneous disclosure of trauma by participants during the training?

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Please tell us about your self care plan.

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