



Division of Mental Health and Addiction

Youth Substance Use Prevention & Treatment Resources

This resource guide is designed to address the training, program, data, treatment, and collaborative needs of community and school-based prevention practitioners and providers.

TRAINING RESOURCES

- [Great Lakes Prevention Technology Transfer Center](#)
- [Prevention Insights](#)
- Certified Prevention Specialist Associate Training Course (coming 2024)
- [ICAADA | Certification](#)
- [Strategic Prevention Framework](#)
- [Community Anti-Drug Coalitions of America](#)

EVIDENCE-BASED PREVENTION PROGRAM REGISTRIES

- [New York State Office of Addiction Services & Supports Registry of Evidence-Based Prevention Programs](#)
- [Blueprint Programs](#)
- [CASEL Programs](#)
- [AIM College Matrix](#)

PROGRAM EXAMPLES

- [Good Behavior Game](#)
- [Handle with Care](#)
- [Strengthening Families](#)

DATA SOURCES

- [Indiana Youth Survey](#)
- [Indiana State Epidemiological Outcomes Workgroup](#)
- [Youth Risk Behavior Survey](#)

PARTNERSHIPS

- [Local Coordinating Councils](#)
- [Prevention Coalitions](#)
- University Partnerships

PREVENTION DO'S

- Follow the SPF
- Utilize Evidence-Based & Evidence-Informed Programs
- Choose Programming vs Punishment
- Use a Public Health Approach to Policy & Evaluation
- Programming vs Punishment

DMHA Substance Misuse Prevention and Mental Health Promotion

Mission: To reduce substance misuse and promote behavioral health across the lifespan of Indiana citizens by maintaining a coordinated, effective, and accountable system of prevention and behavioral health promotion services

Vision: Sustainable environments that nurture, assist, and empower all Indiana citizens to access and experience optimum physical, emotional, and mental health



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PREVENTION DON'TS

- Scare Tactics
- Drunk Goggles
- Assemblies & Public Speakers
- Programs & Policies w/o Evaluations
- Punishment vs Programming

ADDICTION FACTS

- [Next Level Recovery Facts](#)
- [Risk & Protective Factors](#)

CHANGING HOW WE TALK ABOUT ADDICTION

- [Starting the Conversation](#)
- [Language Matters](#)
- [Addiction Language Guide](#)

TREATMENT ATLAS & TREATMENT RESOURCES

- [Treatment Atlas](#)
- Phone | 9-8-8
- Phone | 2-1-1

RECOVERY HIGH SCHOOLS

- [Hope Academy Recovery High School](#)
- [Association of Recovery High Schools](#)

UNDERSTANDING ADDICTION TO SUPPORT RECOVERY

- [Understanding Addiction Video](#)

RESOURCES:

- [Next Level Recovery Outreach Materials](#)
- [Overdose Lifeline](#)
- [1-2-3 care toolkit](#)

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